

Rep. Carol A. Sente

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Filed: 3/15/2013

09800HB1205ham001 LRB098 06276 NHT 43012 a 1 AMENDMENT TO HOUSE BILL 1205 2 AMENDMENT NO. . Amend House Bill 1205 by replacing everything after the enacting clause with the following: 3 "Section 1. Short title. This Act may be cited as the 4 5 Football Practice Hitting Limitation Act. 6 Section 5. Definitions. 7 "Football program" means the organized football program of a public or non-public elementary or secondary school or 8 organized youth football league. 9 "Full-contact hitting practice" means full-pad (helmet, 10 shoulder pads, padded pants, and cleats), full-speed, football 11 12 practice that involves tackling to the ground. Section 10. Full-contact hitting practice limitation. 13 14 Beginning May 31, 2014, the coach of a football program shall

limit full-contact hitting practice to the following:

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1	(1)	During	the	regular	season,	full-contact	hitting
2	practice	is limi	ited	to a maxi	mum of 2	davs a week.	

- (2) During the pre-season, full-contact hitting practice is at the discretion of the coach.
- 5 (3) During the off-season and during summer camp, 6 full-contact hitting practice is prohibited.
- 7 Section 15. Online concussion training program.
- 8 (a) A coach of a football program must complete a
 9 certified, online concussion training program on or before May
 10 31, 2014. The training program shall include at least one of
 11 the following:
- 12 (1) A program provided by the Heads Up: Concussion in 13 Youth Sports initiative of the Centers for Disease Control 14 and Prevention National Center for Injury Prevention and 15 Control.
 - (2) A program provided by the National Federation of State High School Associations.
- 18 (b) The training program required under subsection (a) of 19 this Section shall include details about the following:
 - (1) Efforts to reduce full-contact hitting practice.
- 21 (2) The long-term effects of repetitive hits to the 22 head and recurrent concussions.
- 23 (3) Training techniques to protect youth athletes from brain injury.
- 25 (c) On or before December 31, 2013, the Illinois High

- School Association's Football Advisory Committee and Sports 1
- Medicine Advisory Committee shall work together to create a 2
- 3 supplemental, online training program designed to prevent
- 4 concussive and subconcussive brain injuries. This program
- 5 shall be considered a certified, online concussion training
- program for the purposes of subsection (a) of this Section. 6
- 7 (d) This Section is repealed on June 1, 2014.
- 8 Section 99. Effective date. This Act takes effect upon
- 9 becoming law.".